

Student Services: Niamh Foley, Director**Electronic Smoking Devices (ESD)-Vaping and Tobacco Use**

The U.S. Food and Drug Administration (FDA) has declared an epidemic of e-cigarette use among teenagers, cautioning that if not addressed an entire generation of your people are at risk of becoming addicted to nicotine. The use of e-cigarettes, particularly those with high levels of nicotine, places youth at risk for developing nicotine addiction. Nicotine exposure during adolescence could harm brain development. Additionally, youth who use e-cigarettes are more likely to start smoking cigarettes. Further, e-cigarette aerosol may expose users to other harmful substances such as heavy metals, volatile organic compounds, and ultrafine particles that could harm the lungs.¹ While traditional cigarette usage has declined among teenagers, the use of electronic smoking devices has increased dramatically.

The California Healthy Kids Survey (CHKS) is the largest statewide survey of resiliency, protective factors, risk behaviors, and school climate in the nation. CUSD administers the CHKS every other year to grades 5, 7, 9, and 11. In 2018-2019 we administered the Core Module and the Social Emotional Health Module. In the Core Module, students are surveyed on topics representing school performance and engagement, school violence and safety, alcohol and other drug use, and tobacco use. Utilizing the CHKS, provides us the information to make data-driven decisions toward continuous improvement.

Electronic Smoking Device – Current Use (in the last 30 days)

| | SD County 2016-2017 | CUSD 2016-2017 | SD County 2018-2019 | CUSD 2018-2019 |
|------------------------|---------------------|----------------|---------------------|----------------|
| 7 th grade | 3% | 0 | 5% | 4% |
| 9 th grade | 6% | na* | 9% | 12% |
| 11 th grade | 9% | 17% | 13% | 21% |

*not available

Sample size by grade: 7th (247); 9th (298); 11th (291).

¹ Food & Drug Administration: Center for Tobacco Products, CPT-136

Electronic Smoking Device – Current Use (in the last 30 days) **on campus**

| | | | | CUSD 2018-2019 |
|------------------------|--|--|--|----------------|
| 7 th grade | | | | 0% |
| 9 th grade | | | | 6% |
| 11 th grade | | | | 11% |

Note: Nearly twice as many students report using an electronic smoking device off campus as on campus indicating a significant need for parent/community education.

Electronic Smoking Device – Lifetime Use

| | SD County 2016-2017 | CUSD 2016-2017 | SD County 2018-2019 | CUSD 2018-2019 |
|------------------------|---------------------|----------------|---------------------|----------------|
| 7 th grade | 9% | 1 | 9% | 2% |
| 9 th grade | 18% | na* | 17% | 12% |
| 11 th grade | 27% | 19% | 26% | 23% |

Marijuana Current Use (in the last 30 days)

| | SD County 2016-2017 | CUSD 2016-2017 | SD County 2018-2019 | CUSD 2018-2019 |
|------------------------|---------------------|----------------|---------------------|----------------|
| 7 th grade | 2% | 0 | 3% | 1% |
| 9 th grade | 8% | na* | 9% | 5% |
| 11 th grade | 15% | 11% | 15% | 15% |

Marijuana -Lifetime Use

| | SD County 2016-2017 | CUSD 2016-2017 | SD County 2018-2019 | CUSD 2018-2019 |
|------------------------|---------------------|----------------|---------------------|----------------|
| 7 th grade | 4% | 0 | 6% | 3% |
| 9 th grade | 15% | na* | 15% | 12% |
| 11 th grade | 28% | 22% | 27% | 28% |

Cigarettes Current Use (in the last 30 days)

| | SD County 2016-2017 | CUSD 2016-2017 | SD County 2018-2019 | CUSD 2018-2019 |
|------------------------|---------------------|----------------|---------------------|----------------|
| 7 th grade | 1% | 1% | 1% | 0 |
| 9 th grade | 2% | na* | 1% | 0 |
| 11 th grade | 4% | 2% | 2% | 1% |

As evidenced by the data provided, the use of electronic smoking devices(vapes), tobacco and marijuana continue to rise at alarming levels. Currently, the Health and Physical Education curriculum from grades 6-9 addresses addiction, healthy habits, and relevant health related issues related to vaping/smoking. Additionally, San Diego County Office of Education recently hosted a *Vaping Train the Trainers* Workshop on February 24, 2020. Two CUSD Administrators attended the training and are preparing to train additional staff in April 2020. The workshop provided curriculum and PowerPoint presentations for a student presentation, and a parent/adult presentation, and resources for educators and parents. The CUSD Wellness Committee is planning a Parent and Community Forum to bring this topic to our community with a date to be determined prior to the end of this semester.

Information Technology: Jason Ramos, Department Supervisor

The IT Department has been working hard to keep technology running smoothly district wide. A few items of note:

- Google licenses that are necessary for the IT Department to manage district Chromebooks went up in price on March 9th. By purchasing the licenses that we need for our Chromebook refresh next school year now, the district saved \$22,400.
- In a continuing effort to save money, the IT Department performed a projector replacement in house. This saved approximately \$1,000.
- The live streaming of Coronado's Talent went well. It is now available for "On Demand" viewing on coronadotv.me. The IT Department will continue to work with CSF to make sure the telethon is a success. This will include live streaming the event and setting up the phone bank.
- For the month of February, the IT Department received 85 new tickets and closed 81. There are currently 31 tickets open.

Child Nutrition Services: Charity Campbell, Director

It has been a busy month with promotions galore! We had a fun Dr. Seuss birthday celebration on Monday, March 2nd which featured green eggs and ham at the elementary and preschool sites and a whole grain green egg cookie for all sites during lunch. The kids were not so sure about the green eggs but loved the cookie! We did, however, have some students coming back for seconds of the green food.

March is National Nutrition Month. Our intern, Danielle Gaffen, is setting up a “Chip Chip Hooray” Booth the week of March 2 - March 6. Each day a different site will have a booth set up during lunch time to have students see and feel over a dozen different varieties of apples. They will also get a chance to play a guessing game to name the apples and be able to try some fresh dried apple chips. We even have a recipe for the students to take home and recreate with the help of their parents.

As for the business side of things, we have an on-site audit coming up at Village Elementary on March 18th. This audit, called the Administrative Review, takes place every five years. The auditor will be checking everything in regard to our kitchens, foods, regulations, and menu selections. The auditor will be back the week of May 11th to look over all paperwork for our month of review, March. In addition, we have a procurement review coming up in the next couple of months. I am extremely confident that we will do well on these reviews as we’ve been preparing for the last 5 months and should see no surprises.

BBMAC: Carrie Fisher-Fernan, Director

The BBMAC is continuing to be a busy place! We have recently sent contracts out to a new physical therapy company, PT in Motion, who will provide in water therapy to children during the summer. We also recently sent out a contract to Darkside Women’s Masters Water Polo for a Masters water polo tournament in May. We are working on putting all our long-term contracts on a fiscal year schedule.

The Senior Classic Swim meet ran President’s day weekend for 3.5 days. There were close to 700 swimmers here on Saturday, February 15th. The meet ran very well, and many coaches complimented us on the cleanliness of the facility, the friendliness of the staff and the overall facility. This is the only championship swim meet we have been able to retain, and the local swim teams miss the BBMAC as the championship venue because we provide excellent level of customer service.

We are seeing improvements in our SDG&E bills for the months of December and January. This is due to three components:

1. The smart pump being in full working capacity.
2. The weather.
3. The staff ensuring the pool covers go on every night unless string winds cause safety issues.

For just the two-month window BBMAC saved a little over \$8,000 dollars compared to the same billing period for 18/19.

Revenue at the end of March is currently forecast to be at \$364,315 compared to the end of third quarter revenue in 18/19 which was \$360,967. While having CSA move to the City of Coronado Aquatics Complex was a major fiscal hit for BBMAC as well as the reduction of lane space by CAC, we are still managing to hold our own against last year’s revenue numbers.

Looking towards the 2020/2021 fiscal year, we are holding off on signing contracts while awaiting the new bell schedule for Coronado High School which could impact the BBMAC master schedule. Once the CHS bell schedule is completed we will finalize contracts for the 20/21 school year which may include the addition of Point Loma High School.

Preschool & Childcare: Lisa Alonso, Director

Preschool

- The Coronado Unified School District Preschool Program is proud to announce we began accepting applications for the 2020-2021 school year on February 3, 2020. Applications are available at Crown's website under Admissions and Registration www.crownpreschool.com. We also hosted an OPEN HOUSE on Saturday, Feb 29 from 10:00 a.m. – 11:00 a.m. for new prospective families.
- This month we are capturing kindness in our program. A suggestion from the Teaching Pyramid encourages creating a classroom Kindness Tree. The tree promotes and encourages positive interactions among peers. The classrooms have been asked to create one. The tree will display leaves that notate any kindness acts our students are observed doing. Once the tree becomes filled with leaves, they will be sent home for each child to proudly share with their family. I am very excited to display our current classroom Kindness Trees.



- This school year, all preschool students received a hearing and visual exam as funded and provided by Quality Preschool Initiative, QPI, SDCOE grant. Any student screened and identified as having a possibly visual impairment were invited to participate in the UCSD Eye Mobile visit on Thursday Feb. 22. Any students needing glasses received a FREE PAIR, and free replacement pair, at no-cost to our families!



- This month, the preschool program hosted TWO SATURDAY workshops for any parents that missed the first opportunity. Parents received a wealth of information, as well as books, and resources to help with our youngest learners.

Steps to Understanding Your Child's Behavior

Healthy Development Services (HDS) offers a wide range of high-quality, no cost services to support your child's development and behavior.

What is STUCYB?

Behavior specialists offer classes to support parents in understanding and responding to their child's behavior in the context of their development and temperament. Topics and strategies focus on redirecting behavior, **age-appropriate consequences**, understanding your child's **temperament**, ways to help your child communicate their emotions and **build positive relationships with peers**, and a variety of other meaningful topics!

Who is this class for?

Parents of children ages birth to five-years-old (pre-k) who would like support with common behavior concerns that many parents experience



What is the class schedule?

This is **two-part 3 hour workshop**, covering five parenting/behavior related topics.

Space is limited!

Parents must call to register by
February 18th, 2020.

Location:
Crown Preschool
199 6th St,
Coronado, CA 92118
Dates: February 22 &
February 29th, 2020
Time: 8:45am-12:00pm

Registration:
Call us at
(619) 495-8248
To register!

