

## PARENT OPT-OUT LETTER FOR GRADES 7-12

Dear Parent or Guardian:

California Education Codes, the California Healthy Youth Act (AB 329), and CUSD Board Policy 6142.1, mandates that our schools provide comprehensive sexual health education at least once in middle school and once in high school. Parents may request that their students opt out of this mandate in favor of an alternative educational activity. In order for your student to be enrolled in the alternative program, **parents must return the written opt-out request below.**

Under the mandate, students who are not opted out, must receive the sex-ed program, detailed in full here: [https://leginfo.ca.gov/faces/billNavClient.xhtml?bill\\_id=201520160AB329](https://leginfo.ca.gov/faces/billNavClient.xhtml?bill_id=201520160AB329)

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### The California Healthy Youth Act Opt-Out Form

Pursuant to the requirements of the California Healthy Youth Act, I wish for my student(s) to be opted-out of the Comprehensive Sexual Health Education program, HIV Prevention Education program, and any associated anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks.

Date: \_\_\_\_\_

Parent/Guardian Printed Name(s): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Student(s): \_\_\_\_\_

\_\_\_\_\_

The California Healthy Youth Act: SEC. 15. Section 51939 (State Requirements for Opt-Out)

- (a) A pupil may not attend any class in comprehensive sexual health education or HIV prevention education, or participate in any anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks, if the school has received a written request from the pupil's parent or guardian excusing the pupil from participation.
- (b) A pupil may not be subject to disciplinary action, academic penalty, or other sanction if the pupil's parent or guardian declines to permit the pupil to receive comprehensive sexual health education or HIV prevention education or to participate in anonymous, voluntary, and confidential tests, questionnaires, or surveys on pupil health behaviors and risks.
- (c) While comprehensive sexual health education, HIV prevention education, or anonymous, voluntary, and confidential test, questionnaire, or survey on pupil health behaviors and risks is being administered, an alternative educational activity shall be made available to pupils whose parents or guardians have requested that they not receive the instruction or participate in the test, questionnaire, or survey.